

Kid-Friendly Cooking Activity Tracker

15 Ideas to Cook Together

FamilyHobbyHub.com

1. No-Bake Kitchen Activities

- ☐ No-bake energy bites
- ☐ Build-your-own snack skewers
- ☐ Yogurt parfait building
- ☐ Sandwich assembly
- ☐ Trail mix measuring

2. Simple Baking Projects

- ☐ Pancakes from scratch
- ☐ Basic muffins
- ☐ Cookie dough scooping
- ☐ Homemade pizza night
- ☐ Decorating baked goods

3. Meal Prep & Real Skills

- ☐ Washing and prepping produce
- ☐ Kid-safe knife practice
- ☐ Simple stovetop stirring
- ☐ Reading and following a recipe
- ☐ Setting and clearing the table

Safety First

Hot things only with
a grown-up's hand
on yours — every
single time.