

"I'm Bored" Idea Jar Checklist

20 Boredom Busters for Ages 6-10

FamilyHobbyHub.com

1. Indoor Boredom Busters

- ☐ Indoor scavenger hunt
- ☐ Blanket fort building
- ☐ Kitchen taste test
- ☐ Room reorganization challenge
- ☐ Indoor obstacle course

2. Creative & Craft Busters

- ☐ Comic strip creation
- ☐ Cardboard box challenge
- ☐ Friendship bracelet making
- ☐ Rock painting
- ☐ Stop-motion phone video

3. Brain & Puzzle Busters

- ☐ Jigsaw puzzle race
- ☐ Riddle and joke swap
- ☐ Word search creation
- ☐ Card game tournament
- ☐ 20 Questions

4. Active Busters

- ☐ Backyard obstacle course
- ☐ Sidewalk chalk town
- ☐ Balloon volleyball
- ☐ Freeze dance
- ☐ Bike or scooter time trial